

Cooking Curriculum Plan

Our Cooking Curriculum has been designed to give children the opportunities to develop skills and knowledge, in order to:

- Understand basic nutrition
- Follow food safety rules when preparing and cooking food
- Describe the taste of a range of ingredients
- Use a knife safely (claw grip) to cut soft foods
- Weigh and measure ingredients accurately using scales and jugs
- Follow instructions
- Combine ingredients
- Assemble and arrange cold ingredients

The Cooking Curriculum supports other areas of the curriculum and helps to develop key understanding in Maths, English and Science. The Cooking Curriculum provides practical links to our foundation subjects of Geography and History.

Year Group	Autumn	Spring	Summer
Nursery	Icing pre-made biscuits	Rice crispy cakes	Frozen yoghurt
Reception	Baked Apples	Worm crumble	Veggie rainbow bridge
Year 1	Apple doughnut	Cinnamon toast crunch	Fruit kebabs
Year 2	Pease pudding	Salad - containing lettuce, beetroot, radish and other vegetables.	Pitta pizzas puppets
Year 3	Chorley Cakes	Design your own sandwich	5 minute ice cream
Year 4	Dips	Chilean Sopaipillas	Summer Rolls
Year 5	Baked Pancakes	Bread	Somali Rice
Year 6	Carrot cake	Burritos	Create your own packed lunch – with something cut, something cooked, and something mixed. Secondary Ready

- Worm Crumble <https://www.bbc.co.uk/cbeebies/makes/worm-crumble-recipe>
- Veggie Rainbow Bridge <https://www.bbc.co.uk/cbeebies/makes/veggie-bow-bridge-recipe>
- Donut apples <https://www.bbcgoodfood.com/recipes/apple-doughnuts>
- Salad <https://www.bbcgoodfood.com/recipes/crunchy-chopped-salad>
- Pitta pizzas <https://www.bbcgoodfood.com/recipes/pitta-pizzas>
- Lancashire Chorley cakes <https://www.bbc.co.uk/cbeebies/makes/izaacs-lancashire-chorley-cakes?collection=around-the-globe-recipes>
- 5 minute Ice cream <https://www.bbc.co.uk/cbbc/watch/bp-how-to-make-icecream?collection=blue-peter-recipes-collection>
- Chilean Sopaipillas <https://www.bbc.co.uk/cbeebies/makes/mateos-chilean-sopaipillas-with-pebre?collection=around-the-globe-recipes>
- Rice noodles in summer rolls <https://www.bbcgoodfood.com/recipes/rice-paper-wraps>
- Baked Pancakes https://www.bbc.co.uk/food/recipes/baked_explorer_pancakes_79902
- Somali Rice <https://www.bbc.co.uk/cbbc/thingstodo/bp-somali-rice?collection=blue-peter-recipes-collection>