Yerbu WEEK	ry Spring Su ONE	mmer 2025	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12h 9h	C <b>21±Apri</b> May June • <b>Jun</b> e	Option One	Upmemade Beetroot and Lentil Burger (VE) with Chips (VE)	Creamy Chickpea and Coconut Curry (VE) with 50/50 Wholemeal Rice (VE) and Homemade Flatbread (VE)	Soya Mince Cottage Pie (VE) with Gravy (VE)	Creamy Cheese and Butterbean Macaroni (V) with Garlic and Herb Bread (VE)	Wholemeal Cheese and Tomato Quiche (V) with Chips (VE)
N	MAIN Ieals	Option Two	BBQ Quorn (VE) with New Potatoes (VE)	Chef James' Chicken Jollof Rice	Roast Chicken with Stuffing, Roasted Potatoes and Gravy	Beef Lasagne with Garlic and Herb Bread	Beaded Fish With Chips and Toma <b>t</b> oe Sauce
1±9 22	July September September October	Option Three	Jacket Potato with Tuna Mayonnaise	Jacket Potato (VE) with Cheese (V) or Vegan Sheese (VE)	Jacket Potato (VE) with Five Bean Chilli (VE)	Tomato and Butterbean Pasta (VE) with Wholemeal Penne (VE)	Chef Shilpa's Aubergine and Potato Curry (VE) with 50/ 50 Wholemeal Rice (VE)
		Vegetables	Broccoli (VE) 🔆 Sweetcorn (VE)	Butternut Squash (VE) 🔆 Green Beans (VE)	Peas (VE) Cabbage (VE) <del>洋</del>	Cauliflower (VE) Roasted Peppers (VE)	Carrots (VE) Peas (VE)
	VEGETABLES And Salad	Salad Bar	Roasted Chickpea Salad (VE) Carrot Sticks (VE) Mixed Lettuce (VE) Diced Peppers (VE) Coloslaw (V)	Beetroot and Orange Salad (VE) Tomato Pasta (VE) Olives (VE) Lettuce (VE) Tomatoes (VE)	Roasted Sweet Potato (VE) Lettuce (VE) Pepper Sticks (VE) Cucumber (VE) Carrot Sticks (VE)	Rainbow Slaw (VE) Green Beans (VE) Cucumber (VE) Tabbouleh Salad (VE) Beetroot (VE)	Lettuce (VE) Tomatoes (VE) BBQ Noodle Salad (V) Grated Carrot (VE) Sweetcorn (VE)
			Yoghurt (V) or Vegan		Wholemeal Peach	Yoghurt (V) or Vegan	Strawberry Jelly with
DI	ESSERT	Dessert	Custard (VE) with Sunflower Seeds and Fresh Fruit – Grapes, Banana and Orange (VE)	Seeded Apple Flapjack (VE)	and Carrot Cake (V)	Custard (VE)with Sunflower Seeds and Fresh Fruit – Apple, Watermelon and Pineapple (VE)	Peaches and Mandarins (VE)
		Added Plant F	Protein Contains 🌙 W	'holemeal 🔍 🌺		EORMATION: ike to know about particular allergens in	foods please ask a member of the
M	ENU KEY	is from a plant- based source) Seed (High in Omega-3) Planet Friendly, Low Carbon Option Planet Friendly, Low Carbon Option Carbon Option Carb					
Available Daily: - Freshly cooked jacket potatoes with a choice of fillings (V/VE) - A choice of flavoured breads freshly baked on site daily (VE) - Daily salad selection (V/VE) - Fresh Fruit (VE) - Natural Yoghurt (V/VE) - Drinking Milk (V/VE) our meals and due to the nature of our kitchens it is not possible to complet risk of allergen cross contact.					ot possible to completely remove the		
eni Allen	**	***	SCHOOL SC	¢ ¢	A CONTRACTOR OF	**	

	Yerbury Spring Summer 2025 WEEK TWO		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	W/C28 <sup>th</sup> April 19 <sup>th</sup> May 16thJune 7 <sup>th</sup> July	Option One	Chef Mariam's Vegetable Bean Couscous (VE) with Sweetcorn Bread (VE)	Chickpea and Vegetable Biryani (VE) with Turmeric Bread (VE)	Beetroot, Butternut Squash and Lentil Wellington (VE)	Quorn and Bean Fajitas (VE) with Mexican Rice (VE)	Wholemeal Cheese and Tomato Quiche (V) with Chips (VE)
	MAIN MEALS 8th September	Option Two	Soya Mince Mexican Chilli (VE) with 50/50 Wholemeal Rice (VE), and Sweetcom Bread (VE)	Hearty Beef and Lentil Bolognaise with Wholemeal Penne	Caribbean Spiced Chicken with Rice and Peas	Roast Turkey, Stuffing, Mashed Potatoes and Gravy	Breaded Fish with Chips and Tomato Sauce
	29 <sup>th</sup> September 20 <sup>th</sup> October	Option Three	Jacket Potato with Cheese (V)	Jacket Potato with Baked Beans (VE)	Jacket Potato with Tuna and Sweetcorn Mayonnaise	Lentil and Roasted Vegetable Wholemeal Pasta (VE)	Tomato and Butterbean Pasta (VE)
	VEGETABLES And Salad	Vegetables	Sweetcorn (VE) Cauliflower (VE) <del></del>	Carrots (VE) <del>);</del> Courgettes (V <sub>E)</sub> <del>);</del>	Cauliflower (VE) Green Beans (VE)	Broccoli (VE) 🔆 Red Cabbage (VE)	Peas (VE) Baked Beans (VE)
		Salad Bar	Grated Carrot (VE) Cucumber Sticks (VE) Sweet Potato Power Salad (VE) Tomato Salsa (VE) Beetroot (VE)	Lettuce (VE) Tomato Pasta (VE) Olives (VE) Carrot Sticks (VE) Cucumber Slices (VE)	Roasted Vegetable and Lentil Salad (VE) Carrot Sticks (VE) Mixed Lettuce (VI) Green Beans (VE) Diced Pepper (VE)	Coleslaw (V) Mixed Bean Salad (VE) Cucumber (VE) Pepper Sticks (VE) Sweetcorn (VE)	Beetroot (VE) Rainbow Slaw (V E) Iceberg Lettuce (∨E) Tomatoes (VE) Couscous Salad (VE)
	DESSERT	Dessert	Peach and Strawberry Crumble (VE)	Yoghurt (V) or Vegan Custard (VE) and Fresh Fruit - Banana, Watermelon and Apple (VE)	Mandarin Sponge Cake (VE)	Yoghurt (V) or Vegan Custard (VE)with Sunflower Seeds and Fresh Fruit – Pineapple, Orange and Apple (VE)	Lemon Shortbread (VE)
	Menu Key Added Plant Protein (50% of the protein is from a plant- based source) Added Plant Protein (50% of the protein is from a plant- based source) Contains Flaxseed or Chia Seed (High in Omega-3) Contains Flaxseed or Chia Seed (High in Omega-3) Contains Flaxeed or Chia Seed (High in Omega-3) Contains Flanet Friendly, Low Carbon Option Carbon Option Contains Flaxeed or Chia Seed (Chigh in Omega-3) Contains Flaxeed or Chia Seed (High in Omega-3) Contains Flanet Friendly, Low Carbon Option Carbon Option Contains Friendly, Low Contains Friendly, Low						I lunch and has a food allergy or sure we have the necessary infor- f ingredients in the preparation of
	baked on site daily (VE) -	Daily salad selection	on (V/VE) – Fresh Fruit (VE) – Natura	al Yoghurt (V/VE) - Drinking Milk (V	risk of allerger	cross contact.	caterlink feeding the imagination

Yerbury Spring Summer 2025 WEEK THREE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/C 5 <sup>th</sup> May 2 <sup>rd</sup> June 23 <sup>rd</sup> June	Option One	Lentil and Sweet Potato Curry (VE) with 50/50 Wholemeal Rice (VE) and Turmeric Bread (VE)	Turkish Vegan Soya Kofta (VE) with Lemon and Herb Couscous, Homemade Flatbread and Houmous (VE)	Rainbow Pizza Slices (V)with Pasta Salad (VE	Chinese Vegetable Noodles (V)	Lentil and Basil Whirl (VE) with Chips (VE)
MAIN MEALS 14-July	Option Two	Tomato, Lentil and Roasted Vegetable Wholemeal Penne Pasta (VE)	Beef Burger with Sweet Potato Salad	Chicken Tikka Masala with 50/50 Wholemeal Rice	Peri-Peri Chicken with wedges, Sweetcorn Salsa and Roasted Veg nd Olive Bread	Pollock Fishfingers with chips and tomato sauce
15 <sup>5</sup> September 6 <sup>th</sup> October	Option Three	Creamy Butternut Squash and Cheese Pasta (V)	Jacket Potato with Baked Beans (VE)	Jacket Potato with Five Bean Chilli (VE)	Chickpea Aloo Chat with 50/50 Wholeme al Rice (VE)	Jacket Potato with Tuna and Sweetcorn Mayonnaise
	Vegetables	Baked Beans (VE) Broccoli (VE)	Carrots (VE) Peppers (VE) 🔆	Peas (VE) Cauliflower (VE) <del>) i</del>	Sweetcorn (VE) Carrots (VE) <del>¥</del>	Coleslaw (VE) Green Beans (VE)
VEGETABLES And Salad	Salad Bar	Tomatoes (VE) Beetroot (VE) Grated Carrot (VE) Butternut Squash (VE) Mixed Lettuce (VE)	Rainbow Slaw (VE) Olives (VE) Cucumber Sticks (VE) Green Bean Salad (VE) Vegetable Pasta Salad (VE)	Sweet Potato Salad (VE) Carrot Sticks (VE) Diced Pepper (VE) Sweetcorn Salsa (VE) Tomatoes (VE)	Apple and Raisin Salad (V) Cucumber Slices (VE) Grated Carrot (VE) Mixed Lettuce (VE) Pepper Sticks (VE)	Mixed Bean Salad (VE) Beetroot (VE) Iceberg Lettuce (VE) Tomatoes (VE) Couscous Salad (VE)
DESSERT	Dessert	Savoury Cheese and Courgette Scone (V) or Vegan Sheese and Courgette Scone (VE)	Yoghurt (V) or Vegan Custard (VE) with Sunflower Seeds and Fresh Fruit – Honeydew Melon, Orange and Apple (VE)	Apple and Pear 💥 Crumble (VE) with Custard (V)	Pineapple Upside Down Cake (V)	Yoghurt (V) or Vegan Custard (VE) with Sunflower Seeds and Fresh Fruit – Banana, Pineapple and Grapes (VE)
MENU KEY	MENU KEY Added Plant Protein (50% of the protein is from a plant- based source) Contains Flaxseed or Chia Seed (High in Omega-3) Wholemeal Planet Friendly, Low Carbon Option Planet Carbon Option Carbon Option					
Available Daily: - Freshly cooked jacket potatoes with a choice of fillings (V/VE) - A choice of flavoured breads freshly baked on site daily (VE) - Daily salad selection (V/VE) - Fresh Fruit (VE) - Natural Yoghurt (V/VE) - Drinking Milk (V/VE)						