

MONDAY

Planet Friendly Day

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

W/C
13th April
4th May
1st June
22nd June
13th July
14th September
5th October

Option one	Quorn burger Patty Wedges & Tomato Sauce (VE)	Macaroni Cheese with Roasted Vegetable and Olive Bread (V)	Roasted Quorn, Roast Potatoes & Gravy (VE)	Chickpea Curry with Rice (VE)	NEW Cheesy Broccoli Frittata with Chips (V)
Option two	Mild Mexican Chilli with Rice and Sweetcorn Bread (VE)	Chicken 50% Enchilada Bake with Paprika Wedges	Roast Chicken, Stuffing, Roast Potatoes & Gravy	Hearty Beef and Lentil Bolognaise with Spaghetti	Fishfingers with Chips & Tomato Sauce
Vegetables	Peas (VE) Carrots (VE)	Green Beans (VE) Sweetcorn (VE)	Cabbage (VE) Broccoli (VE)	Sweetcorn (VE) Cauliflower (VE)	Peas (VE) Bake Beans (VE)
Dessert	Yoghurt (V) with Sunflower Seeds and Fresh Fruit – (VE)	Orange Drizzle Cake (V)	Yoghurt (V) with Sunflower Seeds and Fresh Fruit – (VE)	Apple Flapjack (VE)	Strawberry Jelly with Mandarins (VE)

WEEK TWO

W/C
20th April
11th May
8th June
29th June
31st August
21st September
12th October

Option one	Spaghetti & Planet Friendly (VE)	Classic Cheese & Tomato Pizza with Summer Mixed Salad (V)	Lentil Wellington, Roast Potatoes & Gravy (VE)	Lentil and Basil Whirl with Herby Rice, Tzatziki & Salad (V)	Saucy Tomato Pasta (VE)
Option two	Summer Butterbean Vegetable Risotto (VE)	Beef Chilli with Rice & Sweetcorn & Cucumber Salsa	Roast Turkey, Roast Potatoes & Gravy	Greek Chicken Pitta with Herby Ric, Tzatziki Salad	Battered Fish with Chips & Tomato Sauce
Vegetables	Carrots (VE) Spring Greens (VE)	Sweetcorn (VE) Broccoli (VE)	Roasted Summer Vegetables(VE) Peas (VE)	Green Beans (VE) Cauliflower (VE)	Peas (VE) Bake Beans(VE)
Dessert	Yoghurt (V) with Granola and Fresh Fruit – (VE)	Peaches (VE) & Ice Cream (V)	Carrot Cake (V)	Chocolate Shortbread (VE)	Yoghurt (V) with Sunflower Seeds and Fresh Fruit – (VE)

WEEK THREE

W/C
27th April
18th May
15th June
8th July
7th September
28th September
19th October

Option one	Wholemeal Vegetable Pasta Bake (VE)	Vegetable Loaf with Stuffing, Mashed Potatoes & Gravy (VE)	Chickpea and Vegetable Biryani and Turmeric Bread (VE)	Cowboy Sausage and Bean Hot Pot (VE)	Cheese & Bean Pasty with Chips & Tomato Sauce (V)
Option two	Chinese Vegetable Noodles (V)	Beef Lasagne with Garlic Bread	Peri Peri Chicken with Roast Potatoes and Rainbow Slaw	Chef Shilpa's Chicken Korma with Rice	Fishfingers with Chips & Tomato Sauce
Vegetables	Carrots (VE) Peppers (VE)	Vegetable Medley (VE) Broccoli (VE)	Sweetcorn (VE) Peas (VE)	Green Beans (VE) &Cabbage (VE)	Baked Beans (VE) Peas (VE)
Dessert	Yoghurt (V) with Sunflower Seeds and Fresh Fruit (VE)	Chocolate Orange Cookie (VE)	Pineapple Upside Down Cake (V)	Strawberry and Apple Crumble (VE) with Custard (V)	Yoghurt (V) and Fresh Fruit (VE)

MENU KEY

 Added Plant Protein
  Planet Friendly Option
  Local Red Tractor Meat
  Vegan (VE)
  (V) Vegetarian

Available Daily: Freshly cooked jacket potatoes with a choice of fillings (V, VE) (where advertised) - Bread freshly baked on site daily (VE) - Daily salad selection (V, VE) - Fresh Fruit (VE) and Yoghurt (V) is available daily – Milk (V)

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

